



Prayer Guide

JULY 2025

“For you have been called to live in freedom, my brothers and sisters.”

GALATIANS 5:13, NLT

1

June 29–July 5

“So Christ has truly set us free. Now make sure that you stay free, and don’t get tied up again in slavery to the law.”

GALATIANS 5:1, NLT

Christ has already set us free; fully and completely. Yet, there are moments we fall back into old patterns and pressures. The Apostle Paul reminds us to stay rooted in the freedom Christ offers, not the burdens we’ve left behind. Where in your life do you need to be reminded that freedom has already been given—not earned?

Prayer Points

- The Central East District is so thankful for another fantastic day and a successful Belongathon!!
- Thankful for all the generous donations and support through Belongathon!! – 50% of funds raised will go towards a new physiotherapy room at Mount Moriah school in Kenya which will provide crucial therapy and care.



Peterborough Celebrated the Belongathon together on June 7, 2025

2

July 6–12

“So if the Son sets you free, you are truly free.”

JOHN 8:36, NLT

Freedom in Christ is a gift. It is something we get to live into every day. When Jesus says we’re free, we can trust it’s true. To be free in Christ means we belong to Him. How might knowing you’ve been given the gift of freedom through Christ change the way you serve today?

Prayer Points

- We pray for comfort for teams, loved ones, and housemates working through the unexpected loss of people supported. May God provide peace, hope, and resilience for the days ahead.
- We pray that as we fill vacancies, that the right people would be matched and we would have smooth and successful transitions. We are thankful for the opportunity to support people as they move into their new homes.

FEEDBACK OR REQUESTS

Organizational and Spiritual Life | ministry@karis.org | (613) 290-8381

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3

July 13-19

“For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom.”

2 CORINTHIANS 3:17, NLT

Where the Holy Spirit is, there is room to breathe. It may not be dramatic, but it's a freedom that can quiet fears, lift guilt, and brings peace. His presence changes how we work, serve, and live our lives. Where do you need His Spirit to meet you today?

Prayer Points

- We pray for guidance as we work on innovative ways to meet compliance requirements, some of which are new or challenging. We strive for excellence!
- We pray that as we move into the final planning of our Family Camp in August that volunteers would come forward and that we would be able to be a huge blessing a time of refreshing for families.



Coburg Celebrated the Belonathon together on June 7, 2025

4

July 20-26

“I will walk in freedom, for I have devoted myself to your commandments.”

PSALM 119:45, NLT

Freedom often looks like walking with God. It allows us to trust His leading, knowing He's taking us somewhere good. What might it look like for you to follow Him today?

Prayer Points

- As always, we give thanks for the incredible staff who are committed daily to provide the best supports with people who use our services. We pray for encouragement and joy in the coming weeks.
- Give thanks for church leaders who are being trained in theology of disability. Pray that they will be equipped to bring hope and support to people with disabilities and their family members.

5

July 27-August 2

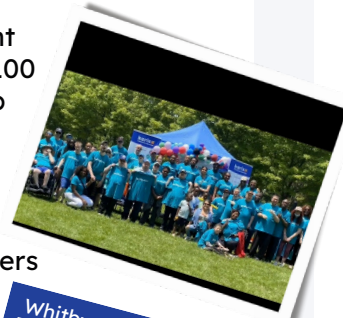
“God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.”

1 PETER 4:10, NLT

Each of us carries something God has placed within us—a gift meant to be shared. It doesn't have to be big or impressive to matter. How might your gifts quietly make a difference today? Who around you might need what you have to offer?

Prayer Points

- Pray for the Rare Gem Talent school where we work with 100 children to educate and help uncover gifts.
- Praise for generous donors who allowed us to provide a water tank and new computers for the school.



Whitby Celebrated the Belonathon together on June 7, 2025

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