

Everything Financial Literacy

November 2024

November is Financial Literacy month and NFP, an Aon Company, wants to share with you some insights, tips and tricks to help you review your retirement readiness.

Many Canadians are dealing with heavy debt, which affects their financial health. A lack of knowledge about finance and money management can lead to poor financial decisions, like overspending or borrowing too much. That's why it's important to have support from reliable sources. With the right help, Canadians can manage their debt and improve their financial situation. Reducing debt will lead to better financial well-being. Let's dive in.

Your challenge is to do one thing from the below list in the month of November.

- Check your credit report
- Talk to someone about financial fraud
- Put money into an emergency fund
- Track your monthly expenses
- Create a budget
- Watch a video or read an article about financial literacy

To get more information about Financial Literacy, you can reach **Canada Life** the following ways:

Call centre: 1-800-724-3402
Monday-Friday 8am – 8pm ET

Book an appointment with a Canada Life health and wealth advisor

Tools & Resources Links

[Financial Tools & Calculators](#)

[Canada Life Financial Wellness Webinars](#)

[How to set financial goals](#)

[Complete your financial wellness self-assessment with Canada Life](#)

[Making a plan to manage debt](#)

[When should you work with an advisor?](#)