



# **Let's Talk About Grief**

## **TUESDAY, JULY 16, 2024**

**Are you grieving losses?**

Are you missing family and friends, or thinking about people who have died?

**Let's talk about this.**

We will learn about grief and have a chance to share with each other.

*supporting each other*



**WHAT:** Grief Support Session

**WHERE:** Online via Zoom

**WHO:** People receiving services from Karis, and their support staff.

**WHEN:** Tuesday, July 16, 2024

**TIME:** 2PM (EST) or 12PM (CST)  
Session will be one hour.



**Register @ the link below or  
by using the QR code**

**[bit.ly/24July-GriefSupport](https://bit.ly/24July-GriefSupport)**

